WESTIN WORKOUT RUNNING MAP by new balance



The Westin Memphis Beale Street 901.334.5900 www.westin.com

5 mile route

- 1. Follow steps 1 & 2, above.
- 2. Follow MLK Ave to South Main St, and turn left.
- Run along South Main St; eventually, to your left, you'll see the National Civil Rights Museum and the historic Lorraine Motel. Then turn right onto GE Patterson Ave.
- 4. Turn right again onto Tennessee Street, and then left at the intersection with Butler Avenue. Continue to, and through, the entrance to the Pedestrian Bluffwalk. Turn right on the Bluffwalk.
- 5. Eventually, the Bluffwalk connects to the T intersection of Beale Street and Riverside Drive. Use the crosswalk to cross Riverside Drive, then turn left onto the Pedestrian Riverwalk. Stay to the left on the Riverwalk. Just before the entrance to Ashburn-Coppock Park, follow the Riverwalk to the right and head back to the entrance at Riverside Drive.
- 6. Cross Riverside Drive at the same crosswalk you used earlier, then turn right again onto the Bluffwalk. Follow the Bluffwalk to the entrance (on the left)at Huling Avenue. 8 From Huling Avenue, turn left onto South Main Street. Turn right onto Beale Street, right onto South Third Street, then right again onto Lt. George W. Lee Avenue and return to the hotel.

Disclaimer Notice: As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the Hotel. The identified routes are on City public streets and ways. As the Hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The Hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.